

Orna Adrienssen

has successfully completed:

Certificate in the Buteyko Clinic Method (CertBBM)

120 HOURS OF STUDY

Learning Outcomes

- The science of dysfunctional breathing
- Respiratory physiology
- The Practical application of the Buteyko Method in children, teens and adults
- The appropriate breathing exercises and protocols to employ for asthma and respiratory conditions, insomnia, snoring and sleep apnea, anxiety and panic disorder



Patrick McKeown – Director of Education & Training

Buteyko Clinic International, Loughwell, Moycullen

Co.Galway, Ireland

December 31, 2012

Date

Patrick McKeown